# ANTI-RACISM WORKSHEET

IT'S LIKE BINGO - TRY TO CHECK OFF AS MANY SQUARES AS YOU CAN.

BUT KNOW THIS: <u>Completing this worksheet doesn't mean you're done</u>. You'<mark>ve just beg</mark>un.

OUR ANTI-RACISM WORK WILL TAKE MANY LIFETIMES TO UNDO THE HUNDREDS OF YEARS OF RACI<mark>SM EMBEDDED</mark> IN OUR

COUNTRY, OUR CULTURE, AND OUR WORLD.

THAT SAID, CONGRATULATIONS ON TAKING THIS IMPORTANT STEP TOWARD ANTI-RACISM. SPREAD THE WORD.

FOR MORE INFORMATION ABOUT ANTI-RACISM, THE ACTIVITIES LISTED HERE, ANTI-RACISM RESOURCES FOR KIDS AND ADULTS, AS WELL AS RECOMMENDED BOOKLISTS, VISIT GHPL.ORG/STAMPED.

### EXPLORE AND READ THE ARTICLES THAT ARE PART OF THE 1619 PROJECT

from the <u>New York</u> Times

#### LOOK UP AND DEFINE "WHITE PRIVILEGE"

Are you white? Reflect on how you and your family have benefited from white privilege.

Are you a person of color? Reflect on how privilege exists within communities of color.

#### MAKE A LIST OF BLACK-OWNED BUSINESSES IN YOUR AREA

Put the list on your fridge and make an effort to patronize them whenever possible.

### WATCH THE EPISODE OF THE TV SHOW BLACK-ISH CALLED "HOPE"

Watch the episode with friends or family.
Discuss together. Why is the show called "black-ish"?

### GOOGLE "REDLINING" AND LEARN WHAT IT MEANS

Does your community have a history of redlining? How do you think redlining has reinforced racism in America? Think hard.

### TAKE AN IMPLICIT BIAS TEST AND REFLECT ON THE RESULTS

implicit.harvard.edu

#### RESEARCH YOUR STATE & FEDERAL LEGISLATORS

Where do they stand on issues like: no-knock warrants, mandatory minimum sentences, prison labor, healthcare, and criminal justice reform?

#### DESIGN A PROTEST SIGN

If you were going to a peaceful protest or rally, what would your sign say? Design signs with family or friends, and discuss why you chose what you did.

### THINK ABOUT A BOOK YOU'VE READ THAT IS RACIST

What makes it racist?
Write a few sentences
so that if someone
talks to you about this
book, you can explain
why.

#### READ "THE CASE FOR REPARATIONS"

by Ta-Nehisi Coates, for <u>The Atlantic</u>

#### LISTEN TO "STRANGE FRUIT"

by Billie Holiday

#### LISTEN TO "SWEETER"

by Leon Bridges (feat. Terrace Martin)

#### ASK MEMBERS OF YOUR FAMILY IF THEY ARE REGISTERED TO VOTE

Discuss why voting is so important and why it is harder for some people to vote than others.

### READ STAMPED: RACISM, ANTIRACISM, AND YOU

by Ibram X. Kendi and Jason Reynolds

(or listen to the audiobook, read by the authors)

# WATCH THE "SESAME STREET/CNN TOWN HALL: HOW TO EXPLAIN RACISM TO KIDS"

CNN.com

### LISTEN TO EPISODES OF THE PODCAST CODE SWITCH BY NPR

recommended episodes
include "A Tale of Two
School Districts", "A
Decade of Watching Black
People Die", and "The
Code Switch Guide To
Race And Policing"

#### WATCH "SYSTEMIC RACISM EXPLAINED"

by act.tv

(you can find it on Youtube)

### LISTEN TO THE AUDIOBOOK OF BETWEEN THE WORLD AND ME

by Ta-Nehisi Coates

(you can read it too, but his narration is powerful and highly recommended)

#### READ MARCH VOL.1...

by John Lewis, Andrew Aydin, and Nate Powell

...then read <u>March vol. 2</u> and <u>March vol. 3</u>

#### @SKOODUPCAM ON TIK TOK

Watch the video of
Tik Tok user
@skoodupcam list the
rules his mother has given
him to try to ensure he
comes home each night.
Do you have rules like
this?

#### WATCH THE DOCUMENTARY 13TH

by Ava DuVernay

# INVESTIGATE HOW SLAVERY, THE CIVIL WAR, AND THE JIM CROW ERA ARE BEING TAUGHT IN YOUR LOCAL SCHOOLS

#### #REALIZEDIWASBLACK

Search for this hashtag on social media, and read aloud with friends and family, the experiences of people using the hashtag.
Can you relate?

### WATCH THE TED TALK: LET'S GET TO THE ROOT OF RACIAL INJUSTICE

by Megan Ming Francis

(you can find it on Youtube)

### WRITE TO YOUR STATE LEGISLATORS TO END CASH BAIL

It means that someone who is legally innocent is put in jail because they can't afford bail.

## LEARN ABOUT JANE ELLIOTT'S "BLUE EYES/BROWN EYES" EXPERIMENT

There are articles, and a documentary called, <u>A Class Divided.</u>